



Sports *Guide*

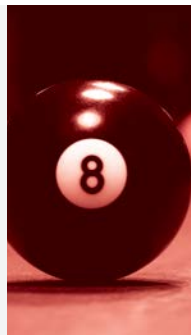


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Foreword

GENERAL

101. The Dominion Command Sports Guide is published to provide guidance for the organizers and competitors at Dominion Command sponsored sports events.
102. Dominion Command sponsors the following events:
 - a. Dominion Cribbage Championships, introduced in 1989;
 - b. Dominion Darts Championships, introduced in 1975;
 - c. Dominion Eight Ball Championships, introduced in 2012; and
 - d. Legion National Youth Track and Field Championships, introduced in 1957.

CONTENT

103. The Sports Guide has evolved over time to the point where it is a good source of information for members at all levels of The Royal Canadian Legion. It must be appreciated that it is a guide and should be followed as closely as possible. It is recognized that hosts will encounter situations that will cause them to deviate from the information published, but changes should be minimal. It is stressed that a well organized and dedicated committee will be able to overcome any obstacle it may encounter.
104. The Sports Guide has been divided as follows and each part contains information concerning an individual's eligibility to participate, responsibilities of the hosts, regulations and technical rules as applicable:
 - a. Member Sports; and
 - b. Legion National Youth Track and Field Championships.

HOSTING OF MEMBER SPORTS

105. Member Sports are staged in selected Legion branches across the country. Applications to host are sent out two years in advance to all branches and host branches are selected by the Dominion Sports Committee.

EVENT PROTOCOL

- 106.** Legion dress, with medals, is required of all Provincial and Dominion representatives and the Local Arrangement Committee (LAC) in attendance at the official opening and closing ceremonies of each of the Dominion Member Sport Championships and the Legion National Youth Track and Field Championships.
- 107.** It is mandatory that the ritual for the Act of Remembrance be conducted during the official opening and closing ceremonies of each of the Dominion Member Sport Championships and the Legion National Youth Track and Field Championships.

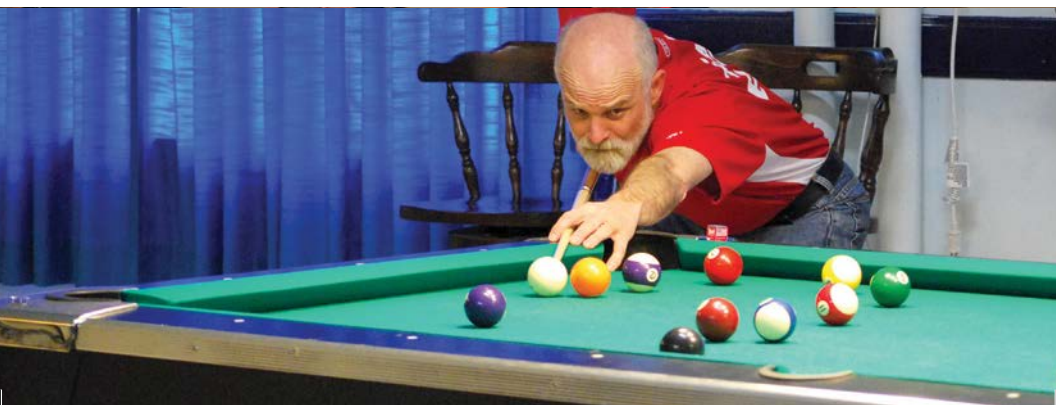
DRESS & DEPORTMENT

- 108.** Sports has always been an important aspect of life within The Royal Canadian Legion as it promotes unity, comradeship, fitness and reinforces the value of being a Legion member. The contribution of the host branch is paramount as the organizers, fund raisers and countless others ensure the success of the program. The role of the competitors is to represent their provincial command and the Legion as a whole and compete in the spirit of comradeship for the joy of sport and the spirit of healthy competition that results.
- 109.** For any event advertised as being run in accordance with this Sports Guide, completion of the entry form shall be deemed as acceptance of these rules, by the player or team named on the entry form, including any and all supplementary rules that may have been announced or published for that event.
- 110.** All players or teams shall play under the supervision and direction of the on-site Dominion Command representative or their designated replacement.
- 111.** No player shall act in a manner which may reasonably be considered to discredit the Legion or the event including the use of offensive language or gestures.
- 112.** All competitors attending a national tournament must adhere to a mandatory dress code to include as a minimum collared shirts, slacks and closed shoes.
- 113.** It is mandatory that all Legion sponsored competitors attend the awards banquet held at the completion of every Legion Members Sport competition.

114. Any player or team failing to comply with any of these rules or any supplemental rules may be disqualified by the Dominion Command tournament representative from an event or the entire tournament and subject to suspension from future competitions at the national level.
115. Any player or team involved in or causes any action considered to have brought the Legion into disrepute or which tarnishes the image of the Legion in the opinion of the Dominion Command tournament representative may be disqualified from the entire tournament and subject to suspension from future competitions at the national level.

PART ONE:

Member Sports



Eligibility to Compete

COMPETITORS

- 201.** Dominion Member Sports Championships are open to members as defined in the General By-Laws of The Royal Canadian Legion. Ladies Auxiliary members may participate in all Legion Sports at all levels, with permission of the applicable Legion Provincial Command. Eligibility requirements for Ladies Auxiliary members to participate in member sports are the same as for members of The Royal Canadian Legion.

ELIGIBILITY

- 202.** To be eligible, members must be in good standing and must have their membership card for the year in which the championship is being held in their possession at the site of the championship.
- 203.** New members (defined as Ordinary, Associate and Affiliate) in good standing are eligible to participate at all levels of competition immediately.
- 204.** Reinstated members are able to participate in Legion Member Sports immediately, provided they are members in good standing.

To be eligible, members must be in good standing and must have their membership card for the year in which the championship is being held in their possession at the site of the championship.



COMPOSITE BRANCH TEAMS

- 205.** The members of a team shall belong to the same branch and shall represent that branch within their parent command. An exception to this criterion is as follows:
- a.** Any branch with 100 or less members in any one zone, or district where no zone exists, and who cannot field their own team may pick up a maximum of two players from any “other branch” within their zone or district where no zone exists with the intent of creating a team (for the smaller branch) for the purpose of Legion competitive play.

TRANSFERS

To be eligible to play, members who have transferred must have been members of their new branch as of January 31st of the year preceding the year of the championship.

- 206.** To be eligible to play, members who have transferred must have been members of their new branch as of January 31st of the year preceding the year of the championship. In other words, in order for the member to participate at a Dominion Championship to be held April 2013, they must have been a member of their branch as of January 31st, 2012.
- 207.** It has been recognized that a rigid application of the above criterion can be unfair. Exceptions have been authorized to permit members in the following circumstances to participate immediately:
- a. An eligible member, in good standing, who is a member of a branch that was required to surrender its Charter to Dominion Command and the member has transferred to another branch, shall enjoy the same rights and privileges they would have enjoyed had the Charter not been surrendered and the branch dissolved;
 - b. A member who retires or who has been transferred by their employer, or whose personal circumstances dictate a change of employment or permanent residence is eligible to participate in Dominion Member Sport Championships. The member must provide, on demand, proof that the transfer was initiated by the employer and that they were a member of a branch at their former place of residence on or before January 31st of the year preceding the year in which the competition is to take place. The member must also confirm that they are changing their permanent place of residence;
 - c. Further to Section 208.b. above, the member has one year of grace, from the effective date of retirement, change of employment and/or permanent residence, to transfer their membership to their new branch; and
 - d. Additional exceptions may apply based on extenuating circumstances which must be approved by the Dominion Sports Committee.

TEAM COMPOSITION

- 208.** Each command is invited to send one team to a Dominion Championship. If desired, the doubles and singles players for the Cribbage and Darts Championships may be drawn from the team. Alternatively a command may enter up to seven players to compete in the single, doubles and team competitions.
- 209.** Only Provincial Command champions (team, double, single) for the year in question are eligible to participate in Dominion Member Sports national tournaments.
- 210.** Commands that do not enter competitors into a specific member sport competition on the Dominion Command Registration Form (i.e. singles, doubles and team events) will not be permitted, upon arrival at the host site, to enter any competitor(s) into that specific event.

Each command is invited to send one team to a Dominion Championship.

SPARES/SUBSTITUTES

- 211.** Spares are not authorized to participate in Dominion Member Sports Championships. If one of the team members is not capable of playing, a substitute is to be obtained, at the actual competition, as follows:
- If the Provincial Command Sports Representative is in attendance and is capable of participating in the sport, they will be permitted to play as a substitute; or
 - If the Provincial Command Sports Representative is not present or not capable of participating, the host will provide the substitute as provided for in the Regulations and Technical Rules of each sport.

Competitors are not required to pay an entry fee at a Dominion Member Sports Championship.



ENTRY FEES

- 212.** Competitors are not required to pay an entry fee at a Dominion Member Sports Championship.

Responsibilities and Duties

DOMINION COMMAND

301. The Dominion Cribbage, Darts and Eight Ball Championships are conducted under the authority of the Dominion Command Sports Committee of the Dominion Executive Council. The Committee determines the location, the rules and the manner of play of Dominion Championships, but the Dominion Executive Council and/or Dominion Convention authorize policy.
302. The Dominion Command Sports Committee is responsible for:
 - a. Providing the Dominion Command tournament representative to oversee the conduct of the tournament;
 - b. Providing up to \$700 towards transportation and mileage for four competitors per member sport event from their place of residence to the national airport nearest the site of the Championship and return. For Provincial Command team members choosing to travel by car to Dominion Member Sport Championships, each member whose vehicle is utilized for this purpose is provided the equivalent of the lowest available fare-saver airfare and mileage up to \$700 (from their place of residence to the national airport nearest the site of the Championship and return) **OR** the distance in kilometers as calculated by Dominion Command, **whichever is less**;

Dominion Command will not reimburse any expense outside the normal cost of the actual ticket.



NOTE: Dominion Command will not reimburse any expense outside the normal cost of the actual ticket. Extra costs such as administrative fees charged by travel agencies or fees for travel insurance, etc. is at the expense of the competitor. In the case of air travel, flight bookings do not include regional airlines unless the flights in question are cost effective.

- c. Forwarding details to the host command and host branch outlining their responsibilities;
- d. Providing transportation and hosting grants to each Local Arrangements Committee (LAC), upon request, in the year of the championship, to assist in offsetting expenses;
- e. Providing a Dominion trophy which is presented to the winners of each event then returned to Dominion Command for engraving and display;
- f. Providing a keeper trophy/plaque to be retained by the first place winners' branch;
- g. Providing individual awards for the first and second place winners of each event;
- h. Providing championship crests and pins to competitors; and
- i. Providing a plaque to each of the host branches in recognition of their effort.

PROVINCIAL COMMANDS

303. Provincial Commands are responsible for the following:

- a. Recommending in order of priority and forwarding to Dominion Command, applications from branches to host any of the Dominion championships, by August 31st, two years before the championship in question;
- b. Ensuring that branches submitting an application to host the championships have access to the required facilities and understand their responsibilities and financial obligations;
- c. Confirming that their Command will be represented at the Dominion Championships;
- d. Arranging for and regulating Legion Cribbage, Darts and Eight Ball within its jurisdiction and ensuring that Provincial Championships are completed at least three weeks prior to the Dominion Championships; and
- e. Advising the Local Arrangements Committee (LAC) and Dominion Command immediately of the names and other relevant information of Provincial Command winners. It is imperative that the LACs be advised of the names and accommodation requirements of all persons attending the championships.

HOST COMMAND

304. The Host Command is responsible for the following:
- Ensuring the appointment of a LAC Chair and a Committee to carry out the necessary arrangements at the host branch;
 - Advising Dominion Command of the name of the LAC Chair to facilitate direct liaison between Dominion Command and the host branch; and
 - Assisting the host branch in any way possible.
305. The Host Command's respective Sports Officer should meet periodically with the LAC to coordinate arrangements for the Dominion Championships.

HOST BRANCH

306. Branches interested in hosting the Dominion, Cribbage, Darts or Eight Ball Championships are required to complete and forward the approved Dominion Command hosting application form directly to their Provincial Command, by 31 July, two years before the championship in question. Incomplete applications will not be considered. The championships are normally held as follows:
- Cribbage**—the last weekend of April;
 - Darts**—the first week-end in May; and
 - Eight Ball**—the last weekend in May.
307. The branch should provide its Provincial Command with complete details of the facilities available. Specifically, the applications must indicate the following for each of the events:
- General Requirements**
 - Adequate facilities exist to accommodate 100 people;
 - Hotel accommodation to be arranged at a reasonable cost;
 - Details of billeting including the type of accommodation, prices and proximity to the branch;
 - Transportation arrangements and cost if the area does not have convenient national air service;
 - The means of transportation to and from the branch, major airports and competition venues. The branch must provide and cover these transportation costs – a transportation grant is available from Dominion Command;

- vi. Information on points of interest in the area and brochures should be included;
- vii. The requisite expertise is available to host the championship;
- viii. A sufficient number of members/volunteers will be available to host and supervise the championships;
- ix. An undertaking to provide refreshments, i.e. coffee, soft drinks, lunches (free of charge to the competitors during play) and a closing banquet for approximately 100 people (a hosting grant is available from Dominion Command); and
- x. To assist any branch with the submission of an application a list of the information required by the Sports Committee as well as an application form is shown at Annex B to this chapter.

b. Dominion Cribbage Championships

A minimum of 20 cribbage boards and 40 unused decks of playing cards will be available;

c. Dominion Darts Championships

- i. There will be five centrally located dart boards to be used for the championships and a minimum of 10 practice boards; and
- ii. Blackboards and chalk or “flip” charts will be available if mechanical scoreboards are not used.

d. Dominion Eight Ball Championships

Two or more 8 or 7 foot pool tables are available for the Championships. For the 8-foot table, the playing surface measures approximately 92 inches by 46 inches (233.68 cm × 116.84 cm) For the 7-foot table the playing surface measures approximately 76 inches by 38 inches (193.04 cm × 96.52 cm).

308. Upon approval of an application, a LAC Chair is to be appointed and approved by Provincial Command. The Chair will then form a committee comprised of members with the responsibilities and duties as indicated below (ideally, each appointed member should be responsible for only one responsibility/duty):

- a. Chair;
- b. Vice-Chair;
- c. Secretary;
- d. Treasurer;

- e. Registration;
- f. Tournament Coordinator;
- g. Accommodation;
- h. Public Relations/Sponsorship/Fundraising;
- i. Entertainment;
- j. Transportation;
- k. Souvenirs;
- l. Parade Marshall/Sgt at Arms; and
- m. Luncheons/Banquet.

The chair is ultimately responsible for all aspects of the event and should know exactly what is going on at all times.



CHAIR

- 309.** The Chair is ultimately responsible for all aspects of the event and should know exactly what is going on at all times. However, they must also delegate authority to the members of the committee and permit them to carry out their duties. They have the following specific duties:
- a. Approving the Schedule of Events and ensuring that the times of the draws, luncheons, dinners and entertainment are coordinated in order to prevent conflicts. A suggested Schedule of Events for the Dominion Cribbage, Darts and Eight Ball Championships is shown at **Annexes 3D, and 3F** to this chapter, respectively
 - b. Editing printed matter to ensure it is factual and prepared in accordance with the overall program;
 - c. If a grant is required, forward a written request to Dominion Command;
 - d. Maintaining close liaison with Provincial Command and Dominion Command and ensuring that copies of all relevant correspondence and minutes of all meetings are forwarded to both commands;
 - e. Advising members of the committee of their precise responsibilities and duties. If, during the course of preparing for the championship, the nature of a person's duties changes, the changes must be explained;
 - f. Organizing the opening and closing ceremonies in accordance with the event protocol as outlined in Chapter One of this guide; and
 - g. Being available at all times during the championship.

VICE-CHAIR

- 310.** The Vice-Chair must be aware of all preparations and be able to replace the Chair at any time. The Vice-Chair and the Chair must work as a team. The Vice-Chair should also be available to carry out any task considered necessary by the Chair.

SECRETARY

- 311.** Responsible for:
- a. Preparing an agenda for each meeting;
 - b. Taking detailed notes at meetings;
 - c. Preparing minutes of the meetings and ensuring they are distributed to LAC members, Provincial and Dominion Commands;
 - d. Confirming, by letter or memorandum, events that have been planned. The confirmation should describe the event, cost, when it will occur and who is responsible;
 - e. Obtaining the necessary permits for events such as the parade, banquets and entertainment; and
 - f. Maintaining an information bulletin board. Should it be necessary to make any changes to the program, they should be posted on the bulletin boards located at the hotel and host branch. It is vital that the competitors and guests be aware of any and all changes.

TREASURER

- 312.** Responsible for:
- a. Preparing and distributing a budget. The Budget Guide included at **Annex C** to this chapter may be used as a guide. It indicates expected sources of revenues and anticipated expenses;
 - b. Ensuring that the LAC members report any changes in their budgets;
 - c. Keeping all members informed of revenues and expenditures;
 - d. Settling invoices as soon as possible;
 - e. Ensuring that after the completion of the championships, all bills are paid and the accounting finalized, an audited statement is prepared and distributed to the LAC; and

- f. Ensuring that any profits realized from the championships be disbursed at the discretion of the LAC.

REGISTRATION

- 313. Responsible for the registration and eligibility confirmation of all competitors. Registration is conducted in two phases, the first is prior to the event and the second is on arrival of the competitors at the tournament location:
 - a. In the first phase the blank registration forms will be sent to all provincial commands by Dominion Command. Once the provincial teams have been selected, each command will be required to complete the registration forms and send a copy to Dominion Command and the host LAC. Provincial commands will verify the eligibility of their respective teams and Dominion Command will verify the eligibility of all players prior to the championship; and
 - b. On-site registration will be conducted as indicated in the published schedule of events. Registration will consist of confirming the information contained on the registration forms and confirming the identity of the competitors through a check of the Legion membership card and a photo identification.

TOURNAMENT COORDINATOR

- 314. The Tournament Coordinator has control of the Championship once it commences. They are also responsible for:
 - a. Appointing an official referee;
 - b. Appointing an official scorer;
 - c. Ensuring that the draws are prepared in advance of the championships with the participating teams being numbered one to ten, from East to West;
 - d. Ensuring, that scoreboards are located in the competition area, the foyer of the branch and at the hotel. The portable scoreboards must be kept up-to-date at all times and the time of the next draw must be posted well in advance. Scorers must

be reminded to post the final score of the game on the scoreboards;

- e. Making arrangements for the competition area as soon as possible; and
- f. Ensuring decorations, the public address system, equipment, score cards and scoreboards are available and maintained.

OFFICIAL REFEREE

- 315.** The Official Referee appointed by the Tournament Coordinator, must attend all draws. They are responsible for enforcing the rules of play, resolving disputes when requested and providing the results of each round of play to the Tournament Coordinator.

ACCOMMODATION

- 316.** Responsible for:
- a. Contacting the hotel and reserving 45-50 bedrooms;
 - b. Negotiating a preferential hotel rate;
 - c. Advising Dominion Command of the type of accommodation, cost of single and double occupancy rooms and providing brochures, if available;
 - d. Confirming hotel reservations as they are received;
 - e. Arranging for pre-registration of the competitors and spouses; and
 - f. Ensuring the competitors are met at the hotel.

PUBLIC RELATIONS/SPONSORSHIP/FUNDRAISING

- 317.** Responsible for all advance publicity and the following specific duties:
- a. Obtaining material for the souvenir booklet such as letters of greeting and photographs from the Provincial Premier, the Mayor, the Dominion President, the Provincial President, the Chair of the Dominion Command Sports Committee and the Chair of the LAC;
 - b. Determining ways of offsetting costs to the host branch. Some possible sources of financial support are distilleries, breweries, the Provincial Command, the Provincial Government, municipal authorities, legal draws and other commercial enterprises. Past

experience has shown that the Ladies Auxiliary is an excellent source of assistance;

- c. Arranging for local media coverage;
- d. Engaging a competent photographer to take digital pictures of the winning teams or persons and forwarding these pictures to Dominion Command for publication on the Legion website; and
- e. Circulating general information, including the results of each round of competition, to Dominion Command and all local media outlets.

ENTERTAINMENT

- 318.** Responsible for scheduling events of a social nature to include the closing banquet/awards dinner. All social events should be held at the host branch.

TRANSPORTATION

- 319** Responsible for:
- a. Arranging for transportation to and from the airport or other terminals as required;
 - b. Arranging for transportation between accommodations and branch as required. and
 - c. Providing a Legion representative, in uniform, to meet individuals arriving by plane.

SOUVENIRS

- 320.** Responsible for:
- a. Contacting the provincial and local tourist offices to obtain memorabilia items and brochures on areas or events of special interest;
 - b. Arranging for other sponsors to provide general items and items unique to the region;
 - c. Compiling the souvenir booklet. The booklet is designed to provide information and serve as a guide to the competitors and guests. It is recommended the Souvenir Booklet contain a page to record the win/lost record. In addition, there should be a score

sheet to record the results of each game. All details of the program and background information should be submitted to Dominion Command for review prior to printing.

- d. Compiling the souvenir kits for distribution. The Souvenir Booklet and other memorabilia items should be included in the kits. The Dominion crest and pin will be distributed by the Dominion Representative at registration. The competitors and Dominion and Provincial Command Sports representatives in attendance should be provided with a kit; and
- e. Arranging for name tags which identify the persons in attendance as competitors, guests or committee members.

PARADE MARSHALL/SGT-AT-ARMS

321. Responsible for:

- a. Under the direction of the Chair, organizing an opening and closing ceremony in accordance with the event protocol outlined in Chapter 1 of this guide and the Ritual, Awards and Protocol Manual; and
- b. Ensuring that all participants in the parade, with the exception of the players, wear the approved Legion dress.

LUNCHEONS/BANQUET

- 322.** Responsible to arrange for all luncheons and the banquet and to coordinate with the member responsible for entertainment. Care must be taken to ensure that these events, in particular luncheons, do not conflict with the scheduled play.
- 323.** Sandwiches, coffee and soft drinks are to be made available to the competitors at no charge during scheduled play.

Submissions to Host a Dominion Command Sports Event

1. Branches wishing to host a Dominion Command Member Sports event are requested to ensure that the following information is submitted with/on the approved Dominion Command hosting application form. Incomplete applications will not be considered:
 - a. The sport and year the branch wishes to host the event and advise if the Branch has hosted Dominion or Provincial Command Sports events in the past. If so, the sport and dates are required;
 - b. A description of the following facilities is requested:
 - i. **Cribbage**—size and capacity of the area that would be used to play the championships;
 - ii. **Darts**—size, capacity of the area that would be used to play the championships, and the total number of dart boards available for play; and
 - iii. **Eight Ball**—size, capacity of the area that would be used to play the championships, and the total number and size of pool tables available for play;
 - c. Distance of the branch from the nearest major national airport and suggested transportation arrangements (including cost) if necessary;
 - d. Provide a description of the facilities at the branch and photographs, if possible, would be beneficial;
 - e. Provide a description of local attractions that may be suitable for a tour and provide a map of the general area; and
 - f. Feel free to include any other information considered relevant.
2. Submissions are to be forwarded through the applicable provincial command office.

Member Sports Hosting Application Form Content

NOTE: Dominion Command will send out to branches and provincial commands a “Call to Host” which will include an Application Form.

Branch Name/No./Mailing Address: _____

Year Applied For: _____

Event(s) Applied For: _____

Phone No.: _____

Fax No.: _____

E-Mail Address: _____

Dominion Command will solicit branch applications to host a championship two years prior to the competition date. Branches interested in hosting a Dominion Member Sports Championship are required to complete and submit this application form to their **Provincial Command by July 31st**, two years before the championship in question. Please refer to your Sports Guide for specific details on each event.

1. Have you hosted a Dominion or Provincial Sports Championship before? If so, please specify the sport, and year.
2. If you are applying to host:
 - a. **Darts** – please describe the total number of dart boards available for play.
 - b. **Eight Ball** – please describe the size and total number of pool tables available for play.
3. How close is the branch to the nearest international airport? Describe the transportation plans to move the competitors to and from the airport and, if required, between the branch and the competitor’s accommodation.
4. Please provide a map of your area.
5. Describe any local sights, which could be offered as part of a tour.

6. Describe the availability and proximity of local hotel/motel, number of beds, and approximate costs.
7. Provide a general description of your branch facilities and branch Membership.
8. Provide the name of your branch Local Arrangements or Sports Committee Chair.
9. Please attach any additional information which will support your request as a Host Site.

Please return this completed form directly to your **Provincial Command office by July 31st**, two years before the championship in question. Incomplete applications will not be considered. Those applications approved by Provincial Command are to be forwarded to **Dominion Command by August 31st**, two years before the championship in question.

Branch President

Budget Guide

INCOME

1. **SOCIALS** \$ _____
2. Donations
3. Fund Raising Draws
4. Special Projects
5. Bar
6. Advertising in the Souvenir Booklet
7. Meals
8. Dominion Command
9. Provincial Command
10. Branch
11. Provincial Government
12. Municipal Government
- TOTAL ESTIMATED INCOME** \$ _____

EXPENDITURES

1. Entertainment

Hospitality Room \$ _____
Visiting Spouses
Miscellaneous

2. Advertising

Advance Publicity
Signs
Newspaper Supplement
Souvenir Booklet Printing

3. Local Transportation

Players
Spouses

4. Airport Transportation

5. Meals

For competitors during play
For volunteers

6. Miscellaneous Committee Expenses

Postage & Stationery
Meetings/Travel
Telephone & Facsimile
Other Expenses

TOTAL ESTIMATED COST \$ _____

Suggested Schedule of Events – Dominion Cribbage and Darts Championships

DAY	TIME	EVENTS
FRIDAY	VARIOUS	Teams will be met at the airport or other terminals and transported to their hotel. It is vital that the LAC is aware of flight numbers and arrival times in order to ensure that transportation will be available.
	EVENING	Competitor registration, practice time as desired, and competitors, guests and officials meet one another.
SATURDAY	0800-0845	Registration and breakfast at the host branch.
	0900	Opening Ceremony.
	0925	Competitors briefing.
	0930	Doubles play commences.
	1400 (APPROX)	Singles play commences.
	1900	Reception for the competitors, guests and members of the LAC at the host branch (optional).
	2000	Social evening at the host branch. There should not be an admission charge for the competitors.
SUNDAY	0830-0930	Breakfast at the host branch.
	0930	Singles play commences if not completed on Saturday.
	0930 (OR LATER)	Team Play commences.
	1830	Competitors, guests and all others gather for the closing banquet.
	1900	Closing banquet, presentation of awards and closing remarks.
MONDAY	VARIOUS	Competitors and guests are transported to the airport or other terminals.

Notes:

1. Meal breaks will not be scheduled. Sandwiches, coffee and soft drinks are to be made available to the competitors at no charge during the championships.
2. If necessary, the banquet may be held on Saturday evening versus Sunday evening. Should this occur, the presentation of awards and closing remarks will immediately follow the end of play on Sunday.

Suggested Schedule of Events – Dominion Eight Ball Championships

DAY	TIME	EVENTS
FRIDAY	VARIOUS	Teams will be met at the airport or other terminals and transported to their hotel. It is vital that the LAC is aware of flight numbers and arrival times in order to ensure that transportation will be available.
	EVENING	Competitor registration, practice time as desired, and competitors, guests and officials meet one another.
SATURDAY	0800-0845	Registration and breakfast at the host branch.
	0900	Opening Ceremony.
	0925	Competitors briefing.
	0930	Round Robin play commences.
	1900	Reception for the competitors, guests and members of the LAC at the host branch (optional).
	2000	Social evening at the host branch. There should not be an admission charge for the competitors.
SUNDAY	0830-0930	Breakfast at the host branch
	1500	Doubles play commences.
	1700	Singles play commences.
	1830	Competitors, guests and all others gather for the closing banquet.
	1900	Closing banquet, presentation of awards and closing remarks.
MONDAY	VARIOUS	Competitors and guests are transported to the airport or other terminals.

Notes:

1. Meal breaks will not be scheduled. Sandwiches, coffee and soft drinks are to be made available to the competitors at no charge during the championships.
2. If necessary, the banquet may be held on Saturday evening versus Sunday evening. Should this occur, the presentation of awards and closing remarks will immediately follow the end of play on Sunday.

Regulations and Technical Rules – Dominion Cribbage Championships

REGULATIONS

PARTICIPATION

- 401. Each Provincial Command is invited to participate at the Dominion Cribbage Championships. Commands are to ensure that provincial finals have been completed at least three weeks prior to the Dominion Championships.
- 402. Provincial Commands must provide written proof that the competitors who won the Provincial Championships are either Ordinary, Life, Associate, or Affiliate members and their membership dues have been paid. In addition, the branch that the competitors belong to must also be shown. Dominion Command provides a registration form that is to be used to record the above information.
- 403. Competitors must have their membership card for the year in which the championships are being held in their possession at the site of the championships.

Provincial Commands must provide written proof that the competitors who won the Provincial Championships are either Ordinary, Life, Associate, or Affiliate members and their membership dues have been paid.

ELIGIBILITY

- 404. The eligibility criteria a member must meet in order to compete at the Dominion Cribbage Championships is described in Chapter 2 of this Sports Guide.

RULES COMMITTEE

- 405. A Rules Committee, comprised of the Dominion Command Sports Committee Chair or their representative, the LAC Chair and the Tournament Coordinator will resolve any dispute referred to them. The decision of the Rules Committee is final.
- 406. The championships will be under the control of the Tournament Coordinator during play. This person is appointed by the LAC Chair and is responsible to ensure that the championships are conducted fairly, the rules are followed and disputes are resolved as quickly as possible.

CHAMPIONSHIPS STRUCTURE

407. Competitors will be grouped as follows:

- a. **Four Person Team Event**—The team will consist of four players, two sections (A and B) of two players each. All members of the team must be from the same branch within the command they represent except as provided for in Chapter 2. Each command may enter one four person team;
- b. **Doubles Event**—Each command may enter a two person team in this event. The players may be drawn from the four person team if desired. The competitors in the Doubles Event must be from the same branch within the command they represent; and
- c. **Singles Event**—Each command may enter one player in this event. The player may be drawn from the four person or doubles team if desired.

Provincial Commands are authorized to substitute players should any provincial winners be unable to attend the championships due to injury, illness, or extenuating circumstances.

408. Provincial Commands are authorized to substitute players should any provincial winners be unable to attend the championships due to injury, illness, or extenuating circumstances. Substitutes must be from the same branch as the person being replaced and meet the eligibility criteria shown in Chapter 2, unless the entire “event contingent” (singles, doubles or four person team) is being replaced. In that case, the replacement(s) will be the next available competitor(s) from the Provincial Command Championships, in the same event and based on their final placement. After registration at the event site, substitutions must be made as per Section 409.

409. Should it be necessary to request a substitute player during the championships, the following procedure will apply:

- a. If the appropriate Provincial Command Sports Representative is in attendance, they may play as the substitute;
- b. If the above person does not wish to participate, the host branch will provide the substitute; however, the host branch substitute must meet the eligibility criteria described in Chapter 2; and
- c. The person who was replaced shall not re-enter the championships until a “game” has been completed, (see Section 413 for the definition of a game).

- 410.** The Tournament Coordinator will determine the schedule for teams moving after each set. The team schedule will be presented for confirmation at the captains' meeting.
- 411.** Official score cards and sheets will be designed by the Tournament Coordinator and are the only ones to be used during the championships. The score cards and sheets will be collected after each set.
- 412.** Captains are responsible for the conduct of the competitors and are the only people who may approach the Tournament Coordinator concerning disputes or technical interpretations of the rules. Each Command will identify a captain from their contingent. The captains' meeting will be held prior to the commencement of play and will be under the direction of the Dominion Command Sports Committee Chair.
- 413.** A set will consist of two "games" and one point will be awarded for each game won. A game is completed when the first team/player obtains or exceeds 121 points. One additional point will be awarded for a "skunk", and a second additional point will be awarded for a "double skunk".

Captains are responsible for the conduct of the competitors.



FORMAT

- 414.** The format for the championships shall be round-robin play, each group competes against all other groups once. If an uneven number of Commands are entered into the event, a bye shall be scheduled into the round-robin play.

TIES/EVENT WINNERS

- 415.** The team event winner will be the team with the greatest combined total points from the A and B sections. In the case where two or more teams are tied for first place, a play-off will be held to determine the first and second place winners. The tie-breaking set will consist of three "games". In order to break a tie, the winner must win two out of three games. The format will be determined by the Tournament Coordinator and captains, prior to commencement of play. This is especially crucial for the four person team and decisions should be made ahead of time at the captains' meeting if it is a combined total of A+B, or if any two representatives could play off, or if a combination total of pegging points could be used, etc.

- 416.** Should there be a tie for second place, a play-off will be held. The play-offs will consist of three “games” and the format will be as outlined in Item 415 above. Should teams be tied for third to tenth place, their final positions will be determined by which team defeated the other during round-robin play.
- 417.** The doubles event winner will be the team which accumulated the greatest number of points. Procedures to be followed in the event of a tie are the same as for team play.
- 418.** The singles event winner will be the competitor who accumulated the greatest number of points during round-robin play. Procedures in the event of a tie are as written for team play.

TECHNICAL RULES

THE DEAL

- 419.** When playing the team and doubles events, one player from each pair will be designated to keep the score. The other member of the team will cut the deck of cards to determine who has first deal. The player cutting the lowest denomination card will deal first and the Ace is defined as the lowest possible card.
- 420.** The player winning the deal will shuffle the cards and offer the player on their immediate right the opportunity to cut the deck. The playing cards will be dealt one at a time commencing with the player on the left of the dealer until each person has been dealt five cards. Upon completion of the deal, the deck of cards is to be placed on the table and not touched until all players have discarded one card to form the crib.

THE CUT

- 421.** The dealer will offer the deck of cards to the player on their left to perform the cut. Upon completion of the cut, the dealer will take the top card off the portion of the deck remaining on the table and the player who performed the cut will replace the portion of the deck that had been cut. The dealer will place the playing card removed from the deck face up on the top of the deck of cards. The person performing the cut will not “flash” or look at the bottom

playing card of the portion of the deck that was picked up during the cut. Should this card be “flashed” or looked at, the opponents may call a misdeal and the dealer will re-deal the playing cards. A penalty of two pegging points will be imposed against the person cutting the cards and their partner.

- 422. The above procedure is to be followed during the singles event; however, six cards are to be dealt.
- 423. The deal moves to the left.

THE COUNT

- 424. The recognized standard counting procedure will apply. A “Jack” turned up on the cut will count as two points for the dealer at all times and a game may be finished in this manner.
- 425. All players are responsible to check the scoring (pegging and card count) at all times. Any scoring irregularities must be pointed out immediately prior to the resumption of play. Players must place their cards face up on the table when counting in order to permit all other players to verify the count. The card count begins with the player on the left of the dealer and moves to the left, ending with the dealer. The dealer will count the points in their hand and the crib.
- 426. A player deliberately causing the count to be confused by knocking the cribbage board to the floor, turning the cribbage board over so the counting pegs fall out, or pulling counting pegs, will forfeit the game to the opponent regardless of the score at the time of the infraction.

THE GO

- 427. A player who calls “go” to an opponent when able to play a card may not correct this error after the next card is played.
- 428. A player who gains a “go” and fails to play additional cards when able to do so, may not correct this error after the next card is played.
- 429. In both instances, the cards withheld are “dead” as soon as seen by the opponents and the offending player may not play or peg with them. The offending player will be assessed a penalty of two pegging points.

THE MOVE

- 430. Competitors playing in the team and doubles events will be designated as per a schedule set up by the Tournament Coordinator and agreed upon at the captains' meeting. At the end of each set (two games), players will move as per the schedule to the appropriate tables.
- 431. In order to prevent confusion, all even-numbered players will use one colour of peg and all odd-numbered players will use another colour.
- 432. At the end of each set (two games), the playing cards will be passed to the next lowest numbered table at the same time as the players move. The playing cards at Table 1 will move to Table 10.

SCORE CARDS

- 433. Competitors designated as sitting players are responsible to complete and initial their score card. Moving players are required to ensure that the recorded score is correct.

COMMENCEMENT OF PLAY

- 434. The Tournament Coordinator or appointed representative will call for each set to commence simultaneously. Any competitors not present will forfeit the set to the opponent.

TIME LIMIT

- 435. The Tournament Coordinator or appointed representative may impose a playing time limit should such action be deemed necessary. The time limit may only be imposed prior to the commencement of a set and not prior to the commencement of a game. The time limit may be imposed for any or all sets. Upon expiration of the time limit, play will cease; the players will calculate their points, peg their score and the players with the highest score will be declared the winners. Should the score be tied, the cards will be cut and the players cutting the lowest value card will be declared the winners.

The Tournament Coordinator or appointed representative may impose a playing time limit should such action be deemed necessary.

INTERFERENCE

- 436.** No person will be allowed to interfere with play. If any competitors are being interfered with, the Tournament Coordinator is to be notified immediately.
- 437.** During active play, should the cribbage scoreboard be disrupted or dropped resulting in the loss of the pegged record of score the offending party will forfeit the game.

PROTESTS

- 438.** All protests are to be in writing, signed by the respective captain and submitted to the Tournament Coordinator prior to the commencement of the next game.

HOYLE'S RULES OF GAMES

- 439.** Should situations occur not addressed in these rules, the Tournament Coordinator shall make rulings in accordance with Hoyle's Rules of Games.

Should situations occur not addressed in these rules, the Tournament Coordinator shall make rulings in accordance with Hoyle's Rules of Games.



Regulations and Technical Rules – Dominion Darts Championships

REGULATIONS

PARTICIPATION

- 501. Each Provincial Command is invited to participate at the Dominion Darts Championships. Commands are to ensure that provincial finals have been completed at least three weeks prior to the Dominion Championships.
- 502. Provincial Commands must provide written proof that the persons who won the Provincial Championships are either Ordinary, Life, Associate, or Affiliate members and their membership dues have been paid. In addition, the branch that the competitors belong to must also be shown. Dominion Command provides a registration form that is to be used to record the above information.
- 503. Competitors must have their membership card for the year in which the championships are being held in their possession at the site of the championships.

ELIGIBILITY

- 504. The eligibility criteria a member must meet in order to compete at the Dominion Darts Championships is described in Chapter 2 of this Sports Guide.

RULES COMMITTEE

- 505. A Rules Committee, comprised of the Dominion Command Sports Committee Chair or their representative, the LAC Chair and the Tournament Coordinator will resolve any dispute referred to them. The decision of the Rules Committee is final.
- 506. The championships will be under the control of the Tournament Coordinator during play. This person is appointed by the LAC Chair and is responsible to ensure that the championships are conducted fairly, the rules are followed and disputes are resolved as quickly as possible.

The championships will be under the control of the Tournament Coordinator during play.

CHAMPIONSHIPS STRUCTURE

507. Competitors will be grouped as follows:

- a. **Four Person Team Event**—The team will consist of four players. All members of the team must be from the same branch within the command they represent except as provided for in Chapter 2. Each command may enter one four person team;
- b. **Doubles Event**—Each command may enter a two person team in this event. The players may be drawn from the four person team if desired. The competitors in the doubles event must be from the same branch within the command they represent; and
- c. **Singles Event**—Each command may enter one player in this event. The player may be drawn from the four person or doubles team if desired.

508. Provincial Commands are authorized to substitute players should any provincial winners be unable to attend the championships due to injury, illness, or extenuating circumstances. Substitutes must be from the same branch as the person being replaced and meet the eligibility criteria shown in Chapter 2, unless the entire “event contingent” (singles, doubles or four person) is being replaced. In that case, the replacement(s) will be the next available competitor(s) from the Provincial Command Championships, in the same event and based on their final placement. After registration at the event site, substitutions must be made as per Section 509.

509. Should it be necessary to request a substitute player during the championships, the following procedure will apply:

- a. If the appropriate Provincial Command Sports Representative is in attendance, this person may play as the substitute;
- b. If the above person does not wish to participate, the host branch will provide the substitute; however, the host branch substitute must meet the eligibility criteria described in Chapter 2; and
- c. The person who was replaced shall not re-enter the championships until a “game” has been completed (see Section 512 for the definition of a game).

510. A captain is to be named for the team and the doubles events and may be the same person. Captains are responsible for the conduct of the competitors and are the only persons who may approach the Tournament Coordinator concerning disputes or technical interpretations of the regulations and rules.
511. An official scoreboard will be designed by the Tournament Coordinator and is to be the only one used during the championships. The scoreboard is to be of sufficient size to be easily seen by competitors and spectators.
512. A set will consist of three “games” and one point will be awarded for each game won. A game is completed when the first team/player has “doubled out”.

FORMAT

The format for the championships shall be round-robin play, each team/player competes against all others once.

513. The format for the championships shall be round-robin play, each team/player competes against all others once. If an uneven number of commands are entered into the event, a bye shall be scheduled into the round-robin play.
514. The rotation of team members may be changed at the completion of each set.

SCORING

515. The point count at the beginning of each game is as follows:
- Team play**—701 points;
 - Doubles play**—501 points; and
 - Singles play**—301 points.
516. All games shall start and finish by scoring a double.
517. The “bull”, double 25, may be used to start or finish a game.
518. A competitor throwing three consecutive darts in a double or triple space does not end the game, unless the three doubles end the game with the correct score on going out.
519. Chalkboards or a similar method will be used to keep the score of each game. Markers, who are responsible for scoring each game, will be provided by the host branch.

TIES/EVENT WINNERS

- 520.** The team event winner will be the team with the greatest number of points. In the event that teams are tied for first place, a play-off will be held to determine the first and second place winners. The play-off set will consist of three “games”. In order to break a tie, the winner must win two out of three games. The format will be determined by the Tournament Coordinator and captains, prior to commencement of play.
- 521.** Should there be a tie for second place, a play-off will be held. Procedures to be followed in the event of a tie are the same as in Section 520. Should teams be tied for third to tenth place, their final positions will be determined by which team defeated the other during round-robin play.
- 522.** The doubles event winner will be the team which accumulated the greatest number of points. Procedures to be followed in the event of a tie are the same as for team play.
- 523.** The singles event winner will be the competitor who accumulated the greatest number of points. Procedures in the event of a tie are as written for team play.

TECHNICAL RULES

THE DART BOARD

- 524.** The dart board used during the championships is to be the “clock the bull” pattern. It is to be fastened in such a manner that the centre is 173 cm (5’8”) high.

THROWING DISTANCE

- 525.** The minimum throwing distance, measured horizontally from the face of the dart board, shall be 237 cm (7’9 1/4”).
- 526.** A “toe line” shall be clearly marked and is to be at least 46 cm (18”) in length.
- 527.** Players must “toe the line” or stand behind it. The line must not be stepped on. Should a player step on this line, the turn at throwing will be lost and no score counted.

ORDER OF PLAY

528. Order of starting play shall be by the toss of a coin to decide which captain or player shoots first for the “bull”. The loser of the first game starts the second. The start of the third game shall be determined as for the first game.

DARTS

529. The darts used by the players are to conform to recognized standards.

THE THROW

530. A throw consists of three darts unless a game ends in less throws.
631. The score value of the dart is determined at the location where it penetrates the surface of the dart board. The darts must be in the dart board when the marker calls the count at the end of the throw. Any dart falling from the board does not count.
532. A dart may not be re-thrown.

THE SCORE

533. A player's score will be determined by subtraction.
534. Players are to throw in rotation and it is the responsibility of the marker to ensure that the rotation is maintained.
535. If the number a player requires to end a game is exceeded, the throw is terminated and no score will be marked.

ADVICE

536. A player may request the marker to provide the point value obtained and the number required to end a game. The marker shall not tell the player how to achieve the required number.
537. A player may request that the Team Captain advise them of the double required to end a game.

CONDUCT

538. When a player is throwing, no one shall be allowed within three feet of the player. No remarks concerning the throw shall be made to the player.
539. Any player demonstrating unsportsmanlike conduct shall be prohibited from completing the game.

When a player is throwing, no one shall be allowed within three feet of the player.

PROTESTS

- 540.** All protests are to be in writing, signed by the respective captain and submitted to the Tournament Coordinator prior to the commencement of the next game.

NATIONAL DARTS FEDERATION OF CANADA RULES

- 541.** In situations not addressed in the Regulations and Technical Rules, the Tournament Coordinator will abide by the National Darts Federation of Canada rules.

In situations not addressed in the Regulations and Technical Rules, the Tournament Coordinator will abide by the National Darts Federation of Canada rules.

Regulations and Technical Rules – Dominion Eight Ball Championships

REGULATIONS

PARTICIPATION

601. Each Provincial Command is invited to participate at the Dominion Eight Ball Championships. Commands are to ensure that provincial finals have been completed at least three weeks prior to the Dominion Championships. Should not all Provincial Commands send a team to the Dominion Championships, the host branch will receive an automatic berth where provincial qualifications are not required.
602. Provincial Commands must provide written proof that the persons who won the Provincial Championships are either Ordinary, Life, Associate, or Affiliate members and their membership dues have been paid. In addition, the branch that the competitors belong to must also be shown. Dominion Command provides a registration form that is to be used to record the above information.
603. Competitors must have their membership card for the year in which the championships are being held in their possession at the site of the championships.

Competitors must have their membership card for the year in which the championships are being held in their possession at the site of the championships.

ELIGIBILITY

604. The eligibility criteria a member must meet in order to compete at the Dominion Eight Ball Championships is described in Chapter 2 of this Sports Guide.

RULES COMMITTEE

605. A Rules Committee, comprised of the Dominion Command Sports Committee Chair or their representative, the LAC Chair and the Tournament Coordinator will resolve any dispute referred to them. The decision of the Rules Committee is final.
606. The championships will be under the control of the Tournament Coordinator during play. This person is appointed by the LAC Chair and is responsible to ensure that the championships are conducted fairly, the rules are followed and disputes are resolved as quickly as possible.

- 607.** A referee will be employed at each table in play.
Only the referee can touch a ball in play and thus is responsible for handing the ball to the player whose turn it is.

CHAMPIONSHIPS STRUCTURE

- 608.** Competitors will be grouped as follows:

- a. Four Person Team Event**—The team will consist of four players broken down into two pairs. Each pair must come from the same branch within the command they represent except as provided for in Chapter 2. Each command may enter one four person team;
- b. Doubles Event**—Two pairs will be formed from the four person team with each pair identified prior to registration; and
- c. Singles Event**—All members of the four person team are automatically entered in the singles championships.

- 609.** Provincial Commands are authorized to substitute players should any provincial winners be unable to attend the championships due to injury, illness, or extenuating circumstances. Substitutes must be from the same branch as the person being replaced and meet the eligibility criteria shown in Chapter 2, unless the entire four person team is being replaced. In that case, the replacement(s) will be the next available competitor(s) from the Provincial Command Championships, in the same event and based on their final placement. After registration at the event site, substitutions must be made as per Section 610.

- 610.** Should it be necessary to request a substitute player during the championships, the following procedure will apply:
- a.** If the appropriate Provincial Command Sports Representative is in attendance, this person may play as the substitute;
 - b.** If the above person does not wish to participate, the host branch will provide the substitute; however, the host branch substitute must meet the eligibility criteria described in Chapter 2;
 - c.** The person who was replaced shall not re-enter the championships until a “game” has been completed; and

- d. If a substitute player is required during the round robin play neither the substitute nor the player replaced are eligible to combine for the singles championship.
- 611. A team captain is to be named. Captains are responsible for the conduct of the competitors and are the only persons who may approach the Tournament Coordinator concerning disputes or technical interpretations of the regulations and rules.
- 612. An official scoreboard will be designed by the Tournament Coordinator and is to be the only one used during the championships. The scoreboard is to be of sufficient size to be easily seen by competitors and spectators.

FORMAT – TEAM PLAY

- 613. The tournament format will be based on two conferences and four divisions. There are two divisions in each conference. Each member of the command team will be placed in a separate division by random draw. Both members of the respective doubles pairs of the command team will be placed in the same conference.
- 614. The format for the championships shall begin with individual round-robin play with each player competing against all other commands (see Annex A). If an uneven number of Commands are entered into the event, a bye shall be scheduled into the round-robin play. The number of games per match will be determined by Dominion Command prior to the Eight Ball Championships based on the availability of tables, as well as, the number of provincial teams registered.
- 615. In the case that the round robin portion of play is not complete by 1500 hours on Sunday the round robin will be shortened with the caveat that each player has played the same number of games.

DOMINION EIGHT BALL - TOURNAMENT PLAY FORMAT

INITIAL SETUP

616. Provincial Teams have been assigned a number as follows:

1. NL
2. PE
3. NS/NU
4. NB
5. QC
6. ON
7. MB/NWO
8. SK
9. AB-NT
10. BC/YK

617. Each provincial team will register as two distinct pairs – refer to the registration form under Doubles Event.
618. Using the example of Team NL pair one would be placed in Conference A and pair two would be placed in Conference B.
619. Within Conference A one member of the pair would be placed in Division 1 and the other in Division 2. Within Conference B one member of the pair would be placed in Division 3 and the other in Division 4.
620. The initial schedule of play is round robin as per the attached Conference format with each individual playing a member of every provincial team within their Division. A win scores a point.

ROUND ROBIN OUTCOME

621. **Determining Singles Finalists:** When all four Divisions have completed play the totals of each individual player are counted with the winner of each Division moving forward to compete for the individual title in a round robin format between four finalists. Tie breakers within a Division are determined by a single game. If more than two players are tied a mini round robin will be conducted to determine the winner – time permitting.

- 622. Determining Doubles Finalists:** When round robin play has been completed in a Conference the point totals from the Division are added up to determine the doubles finalist for that Conference. These two teams will play a best of five games to determine the doubles winners. Tie breakers within a Conference are determined by a single game. If more than two doubles teams are tied within a Conference a mini round robin will be conducted to determine the winner – time permitting.
- 623. Determining Provincial Team Winner:** Upon completion of all initial qualifying round robin play the scores of each player per provincial team are added with the team with the most points winning the team title. Tie breakers within the team play are determined by a single game with the teams in question selecting a player to represent them in the tie breaker. If more than two teams are tied a mini-round robin will be conducted to determine the team winner.

GENERAL POINTS OF TOURNAMENT PLAY

- 624. Stalemates:** In the event of a stalemate after an established tie breaker has been conducted the Tournament Coordinator in consultation with the Dominion Sports Committee representative will rule on the outcome process which could include a coin toss.
- 625. Play by Innings:** During the course of play, players alternate turns (innings) at the table, with a player's inning ending when they either fail to legally pocket a ball, or fouls. When an inning ends free of a foul, the incoming player accepts the table in position.
- 626. Doubles Play:** The object of the game is to make one group of numbered object balls, either stripes or solids, then rotating turns after each inning with your partner. Players must rotate after every inning (when it is their inning to shoot) and remain in order until the end of the match.
- 627. Time Constraints:** The Dominion Eight Ball Tournament has been designed to allow the initial round robin play to be completed within the time allocated. However if circumstances dictate that there is insufficient time to complete the initial round robin then, the tournament coordinator in consultation with

the Dominion Sports Committee representative can reduce play to a minimum of five rounds.

TECHNICAL RULES

THE TABLE

628. For Legion play the 8 and 7 foot tables are the standard. For the 8-foot table, the playing surface measures approximately 92 inches by 46 inches (233.68 cm × 116.84 cm) For the 7-foot table the playing surface measures approximately 76 inches by 38 inches (193.04 cm × 96.52 cm).

ORDER OF PLAY

629. Order of starting play shall be by the toss of a coin to decide which player or doubles shoots first. In cases that require it the loser of the first game starts the second. The start of the third game shall be determined as for the first game – by coin toss.

The start of the third game shall be determined as for the first game – by coin toss.

CONDUCT

630. Any player demonstrating unsportsmanlike conduct shall be prohibited from completing the game.

PROTESTS

631. All protests are to be in writing, signed by the respective captain and submitted to the Tournament Coordinator prior to the commencement of the next game.

GENERAL RULES FOR LEGION PLAY

632. No game will be won or lost on the break.

633. No jump shots are allowed.

634. Order of play will be determined by a coin toss.

635. The break shot does not require a called shot. Once the break is made the table is open for play.

636. It is a foul to move or change the path of any object ball except by normal ball-to-ball contacts during shots.

In situations not addressed in the Technical Rules and General Rules of Play, the Tournament Coordinator will abide by World Pool-Billiards Association rules.



WORLD POOL – BILLIARD ASSOCIATION RULES

637. In situations not addressed in the Technical Rules and General Rules of Play, the Tournament Coordinator will abide by World Pool-Billiards Association rules.

ANNEX 6A: SCHEDULE OF PLAY

CONFERENCE A

DIVISION 1

TM	1	2	3	4	5	6	7	8	9	10
RD										
1	10	9	8	7	6	5	4	3	2	1
2	9	8	7	6	10	4	3	2	1	5
3	8	7	6	5	4	3	2	1	10	9
4	7	6	5	10	3	2	1	9	8	4
5	6	5	4	3	2	1	9	10	7	8
6	5	4	9	2	1	10	8	7	3	6
7	4	3	2	1	9	8	10	6	5	7
8	2	1	10	9	8	7	6	5	4	3
9	3	10	1	8	7	9	5	4	6	2

Win Total										

DIVISION 2

TM	1	2	3	4	5	6	7	8	9	10
RD										
1	3	10	1	8	7	9	5	4	6	2
2	2	1	10	9	8	7	6	5	4	3
3	4	3	2	1	9	8	10	6	5	7
4	5	4	9	2	1	10	8	7	3	6
5	6	5	4	3	2	1	9	10	7	8
6	7	6	5	10	3	2	1	9	8	4
7	8	7	6	5	4	3	2	1	10	9
8	9	8	7	6	10	4	3	2	1	5
9	10	9	8	7	6	5	4	3	2	1

Win Total										

Indicates first cut-off line of play.

CONFERENCE B

DIVISION 3

TM	1	2	3	4	5	6	7	8	9	10
RD										
1	10	9	8	7	6	5	4	3	2	1
2	9	8	7	6	10	4	3	2	1	5
3	8	7	6	5	4	3	2	1	10	9
4	7	6	5	10	3	2	1	9	8	4
5	6	5	4	3	2	1	9	10	7	8
6	5	4	9	2	1	10	8	7	3	6
7	4	3	2	1	9	8	10	6	5	7
8	2	1	10	9	8	7	6	5	4	3
9	3	10	1	8	7	9	5	4	6	2

Win										
Total										

DIVISION 4

TM	1	2	3	4	5	6	7	8	9	10
RD										
1	3	10	1	8	7	9	5	4	6	2
2	2	1	10	9	8	7	6	5	4	3
3	4	3	2	1	9	8	10	6	5	7
4	5	4	9	2	1	10	8	7	3	6
5	6	5	4	3	2	1	9	10	7	8
6	7	6	5	10	3	2	1	9	8	4
7	8	7	6	5	4	3	2	1	10	9
8	9	8	7	6	10	4	3	2	1	5
9	10	9	8	7	6	5	4	3	2	1

Win										
Total										

PART TWO: Legion National Youth Track and Field Championships



Eligibility And Organization

GENERAL

- 701.** The Legion National Youth Track and Field Championships is an annual event, normally held at the beginning of August and staged at track and field complexes throughout the country.

AIM

- 702.** The aim of the championships is to encourage participation, the development of leadership and the achievement of the best personal performance. The championships also encourage the fostering of friendships, awareness of The Royal Canadian Legion with the youth of Canada and the experiencing of different Canadian cultures.

ELIGIBILITY – ATHLETES

- 703.** The championships are open to both young men and women in the following age categories:
- a. Midget**—15 years and under, as of 31 December in the year of the championships; and
 - b. Youth**—17 years and under, as of 31 December in the year of the championships.

ORGANIZATION

ACTIVITIES

- 704.** The championships include practice sessions, selected training, a three-day track and field meet and various social, cultural and remembrance activities

TEAM STRUCTURE

- 705.** Each Provincial Command is authorized to send a team to a maximum of 48. The approved structure is as follows:
- a.** A maximum team of 48 shall consist of: 40 athletes, four chaperones and four coaches;
 - b.** Provincial chaperones shall be at a ratio of one chaperone to 10 athletes, or a major portion thereof, evenly distributed between the sexes;

Each Provincial Command is authorized to send a team to a maximum of 48.

- c. Commands with more than 25 athletes MUST send a minimum of two coaches;
- d. Commands with 25 athletes or less MUST send a minimum of one coach;
- e. Commands are restricted to bringing no more than 25 athletes in any one age category;
- f. Commands are not permitted to send persons acting in the dual role of coach and chaperone; and
- g. Commands wanting to increase their chaperone or coach positions must first obtain authorization from Dominion Command.

CHAPERONES

706. The criteria for chaperones are as follows:

- a. Each Provincial Command may have a maximum of four chaperones, who should be members of the Legion, to accompany the team;
- b. The number of chaperones is not to be reduced in an effort to increase the number of athletes;
- c. Each command should name one head provincial chaperone; and
- d. Ensuring that chaperones are physically fit to handle the responsibilities of their position, taking into account the age and exuberance of the athletes, the rigorous schedule of events and the challenging terrain.

Each Provincial Command must name one coach as the Head Coach and that person should be fully certified at Level 3.

COACHES

707. The criteria for coaches are as follows:

- a. Each Provincial Command may have a maximum of four coaches accompany the team;
- b. Each Provincial Command must name one coach as the Head Coach and that person has to be a fully certified National Coaching Certification Program (NCCP) club coach. All other team coaches require NCCP club coach trained certification. There may be exceptions to this rule; and
- c. Each provincial athletic association is permitted to designate no more than two additional NCCP club or sport trained coaches to accompany their team for professional development purposes. All associated expenses are to be paid by the provincial athletic association or the coach, not by Dominion Command.

PROVINCIAL TEAMS COST COVERAGE

708. Dominion Command will cover 70% of the costs for Provincial Teams as follows:

- a. When traveling by air transportation from the designated departure airport (as authorized by Dominion Command) to the event location and return;
- b. When traveling by ground transport from the designated departure point(s) to the event location and return;
- c. Rations and accommodations, as arranged by Dominion Command at the event location; and
- d. Provincial team cost coverage will extend to a maximum team of 44 personnel with ratios as follows:
 - i. Maximum of 40 athletes.
 - ii. Maximum of 1 chaperone for the initial 10 same gender athletes or two chaperones (male & female) for the initial 10 mixed gender athletes to an overall maximum of 4 chaperones equating to 1 chaperone for each 10 athletes.
 - iii. Maximum of two coaches.

Dominion Command will cover 70% of the costs for Provincial Teams up to a maximum team of 44 personnel.

ATHLETE COMMITMENT TO ATTEND

709. All athletes must attend the Championships for the duration of the event. Early departure is not permitted. Athletes must adhere to this rule upon signing their registration form or forfeit their position on their Provincial Command team. **Parents of athletes who withdraw from the Championships without authorization from the Sports Committee Chair will be liable for all transport, room and board, and registration costs incurred for the athlete to attend the Championships from the first day of the event to the last day of the event.**

PROVINCIAL COMMAND REPRESENTATIVE

710. Provincial Commands are encouraged to send a representative to the championships. The expenses incurred by this person are the responsibility of the respective Provincial Command.

Dominion Command requires written proof of a police record check for all Legion personnel including Dominion Command staff, command reps, coaches and chaperones.

POLICE RECORD CHECK

- 711.** Upon initial participation in the Legion National Youth Track and Field Championships, Dominion Command requires written proof of a police record check for all Legion personnel including Dominion Command staff, command reps, coaches and chaperones prior to their arrival at the Legion Nationals. Thereafter a police record check is required every three years. All of the aforementioned persons are to report any incident that may have occurred during the validated three year period, to their Provincial Command and to Dominion Command.
- 712.** Legion coaches or chaperones who arrive at the Legion National Youth Track and Field Championships without the required police record check will be immediately denied contact with the athletes and as soon as possible returned home at the expense of the applicable provincial command.
- 713.** As it takes many individuals to conduct an event of this, nature all other event affiliated staff are encouraged to provide a police records check. However as a precaution the following rules apply;

 - a.** No athlete is to be left alone with a single adult, and
 - b.** No athlete is to be left in the charge of a non-police record checked individual.

Responsibilities and Duties

DOMINION COMMAND

- 801.** The Legion National Youth Track and Field Championships are conducted under the authority of the Dominion Command Sports Committee of Dominion Executive Council. The Committee determines the location of the championships but Council and/or Dominion Convention authorizes policy.
- 802.** The Dominion Command Sports Committee is responsible for the following:
- a. Staging the National Youth Track and Field Championships;
 - b. Selecting sites and dates;
 - c. Appointing a Technical Coordinator to oversee the competition and clinics;
 - d. Ensuring sufficient accommodation is available for the athletes, coaches and chaperones;
 - e. Negotiating and finalizing the daily accommodation/meals cost with the host university or other facility;
 - f. Making initial arrangements with the facility for classrooms, weight room, pool, etc., for clinic days;
 - g. Approving the program of events;
 - h. Approving the rules and regulations;
 - i. Enforcing disciplinary action as necessary;
 - j. Ensuring that the track and field meet is run in accordance with the IAAF (International Amateur Athletic Federation) rules, as overseen by the Legion's Technical Coordinator in cooperation with Athletics Canada;
 - k. Maintaining close liaison with the Local Arrangements Committee (LAC) and providing organizational and administrative support and advice/guidance as required;
 - l. Inviting and hosting a guest of honour who will officially open the championships;
 - m. Providing an accountable and repayable advance to the LAC, upon request, to assist in offsetting initial costs to stage the event;

- n. Providing the necessary funding to offset 70% of the cost of transportation, accommodation and meals for a maximum team of 44;
- o. Absorbing all other necessary and pre-approved costs incurred to organize and stage the championships;
- p. Planning and coordinating air travel for the persons attending the National Championships, from their homes to the airport of departure/return;
- q. Appointing a male and female head chaperone who will be responsible for supervision and enforcement of the disciplinary rules adopted by the Dominion Command Sports Committee. These positions are renewable annually and the individuals should be Legion members;
- r. Providing all awards, regalia and associated material;
- s. Providing a plaque to the host branch in recognition of their effort; and
- t. Inviting and hosting a guest of honour for the closing banquet.

PROVINCIAL COMMANDS

803. Provincial Commands are responsible for the following:

- a. Advising Dominion Command that the Provincial Command will participate in the championships;
- b. Ensuring that the athletes, coaches and chaperones are selected on a fair and equitable basis;
- c. Ensuring that chaperones are physically able to meet the challenges of the rigorous schedule of events and the terrain;
- d. Providing the necessary funds to offset 30% of the cost of transportation, accommodation and meals for a maximum team of 44;
- e. Absorbing all expenses incurred by the extra coaches attending the championships (over and above team of 44);
- f. Absorbing the expenses of the Provincial Command Representative attending the championships;
- g. Planning and coordinating, in certain cases, transportation for the persons attending the National Championships from their homes to the airport of departure/return;
- h. Providing a name list of the athletes, coaches and chaperones to Dominion Command prior to the deadline date;

- i. Registering their athletes through the designated event entry web site prior to the deadline for entries; and
- j. Conducting any necessary liaison with provincial authorities.

HOST BRANCHES/COMMITTEES

804. Branches/Committees interested in hosting the Legion National Youth Track and Field Championships are required to submit a letter of intent and a Host Application Form (supplied by Dominion Command) directly to Dominion Command three (3) years before the championships in question. The championships normally take place at the beginning of August.

805. Interested branches/committees should provide Dominion Command with complete details of the facilities available. Specifically, a bid must indicate that:

- a. There is the required number of volunteers to conduct the event;
- b. There is the required number of technical personnel available to conduct the meet;
- c. A track and field complex, including an eight lane, all weather surface track is available in close proximity to the facility;
- d. A facility is available and capable of accommodating and feeding up to 450 people; and
- e. There is the organization in place to raise the required funding to host the championships.

Branches/
Committees
interested in
hosting the Legion
National Youth
Track and Field
Championships
are required to
submit a letter of
intent and a Host
Application Form.

HOST COMMAND

806. The Host Command is responsible for the following:

- a. If applicable confirming that a qualified LAC Chair is appointed;
- b. Providing support to the LAC as required.

LOCAL ARRANGEMENTS COMMITTEE (LAC)

807. Upon approval of an application to host the Championships, the LAC Chair will then form a committee comprised of members with the responsibilities and duties as indicated below (ideally, each appointed member should be responsible for only one responsibility/duty):

- a. Chair;
- b. Vice-Chair;
- c. Secretary;
- d. Treasurer;
- e. Meet Director;
- f. Transportation;
- g. Communications;
- h. Registration;
- i. Entertainment;
- j. Public Relations and Promotion;
- k. Sponsorship/Fundraising;
- l. Security;
- m. Presentation of Medals;
- n. Sergeant-at-Arms;
- o. Housing;
- p. Volunteer Coordinator;
- q. Competition Venue Coordinator; and
- r. Medical Coordinator.

CHAIR

808. The Chair is ultimately responsible for all aspects of the event and should know exactly what is going on at all times. However, they must also delegate authority to the members of the committee and permit them to carry out their duties. They have the following specific duties:

- a. Maintain close liaison with Dominion Command, through the Sports Committee Secretary ensuring that copies of all relevant correspondence and minutes of all meetings are forwarded to them;
- b. Brief the committee on their responsibilities and supervising their actions;
- c. Coordinate all activities between committee positions;
- d. Provide the staff required to conduct the championships;
- e. Draft and maintain a budget and ensuring costs remain within the budget;
- f. React to requirements as they are identified and taking appropriate action; and
- g. Being available at all times during the championships.

The Chair is ultimately responsible for all aspects of the event and should know exactly what is going on at all times.



VICE-CHAIR

909. The Vice-Chair must be aware of all preparations and be able to replace the Chair at any time. They and the Chair must work as a team. Specific responsibilities are:

- a. Coordinate all VIP requirements; and
- b. Be available to carry out any task considered necessary by the Chair.

SECRETARY

810. Responsible for:

- a. Prepare an agenda for each meeting;
- b. Take detailed notes at meetings;
- c. Prepare minutes of the meetings and ensuring they are distributed to LAC members and Dominion Command.

TREASURER

811. Responsible to:

- a. Prepare and distributing a budget;
- b. Ensure that the LAC members report any changes in their budgets;
- c. Keep all committee members informed of revenues and expenditures;
- d. Settle invoices as soon as possible;
- e. Obtain authority from Dominion Command (through the LAC Chair) to expend funds on non-budgeted items required to operate the championships; and
- f. Maintain records of LAC revenue and expenditures. After the event has been completed, all bills paid and the accounting has been finalized, an audited statement is to be prepared and sent to Dominion Command. Any monies remaining are to be directed into the local/community track and field program.

MEET DIRECTOR

812. Responsible to:

- a. Run the track and field meet in accordance with the IAAF (International Amateur Athletic Federation) rules as overseen by the Legion's Technical Coordinator;
- b. Make the initial booking for the track and field stadium;
- c. Keep the Legion's Technical Coordinator apprised of all technical arrangements;
- d. Ensure that all aspects of the track and field meet are coordinated thoroughly. This includes facility, equipment and personnel requirements;

- e. Secure the required number of officials with the necessary qualifications;
- f. Arrange for a bilingual track announcer for the meet;
- g. Arrange for a collective practice time for all athletes and ensure the proper supervision is available;
- h. Coordination of an Appeals Committee, with representation from Dominion Command;
- i. Draft and confirm the competition schedule;
- j. Coordinate the heats and flights production; and
- k. Arrange for the timing and the immediate posting of results to the scoreboard, web and/or hard copy.

TRANSPORTATION

813. Responsible to:

- a. Arrange transportation requirements throughout the week for all participants for: airport arrivals and departures, tour day, shuttles and receptions;
- b. Arrange the pickup and delivery of athlete equipment from the terminal;
- c. Arrange for the required courtesy vehicles (4 to 5 vans) for use during the championships;
- d. Arrange the necessary transportation for open category athletes from the event hotel/dorms to the facility and return; and
- e. Arrange for the competition venue transport (i.e. golf carts, ATVs. etc).

COMMUNICATIONS

814. Responsible to:

- a. Establish a communication control centre information booth and lost and found at the competition venue;
- b. Obtain the necessary communication devices for use throughout the week including cellular phones and two way radios;
- c. Control the distribution of all communication devices; and
- d. Obtain an audio system for the opening ceremony, closing banquet, track & field meet or any other function outlined by Dominion Command.

REGISTRATION

815. Responsible to:

- a. Identify personnel to obtain and assemble local information kits, to include a snack and a drink, for each Legion participant and if available for all open athletes and coaches;
- b. Contact the provincial and local tourist offices to obtain items of interest;
- c. Arrange for other sponsors to provide general items unique to the region;
- d. Assemble the material prior to the championships;
- e. Arrange for the distribution of name tags which identify the persons in attendance as competitors, guests or committee members; and
- f. Arrange for the setup of the registration process both for Legion athletes and open athletes.

ENTERTAINMENT

816. Responsible to:

- a. Organize scheduled entertainment for the athletes;
- b. Organize a local event, as scheduled, for the Legion athletes, coaches, chaperones and Dominion and Provincial Command representatives; and
- c. Coordinate branches to host evening receptions as directed.

PUBLIC RELATIONS AND PROMOTIONS

817. Responsible for all advance publicity and the following specific duties:

- a. Produce an official opening ceremony brochure, outlining the program and invited guests, for distribution at the opening ceremony;
- b. Produce a souvenir booklet in consultation with Dominion Command;
- c. Obtain material for the souvenir booklet such as letters of greeting and photographs from the Provincial Premier, the Mayor, the Dominion President, the Provincial President, the Chair of the Dominion Command Sports Committee and the Chair of the LAC;
- d. Arrange for local media coverage;
- e. Advertise the event at local schools;
- f. Advertise the event in the local area;

- g. Ensure space and equipment within the competition venue such as phone lines, media centre, internet, are available to report the results to the Canadian Press and all local media outlets;
- h. Coordinate the media and media activities during the competition;
- i. Maintain close liaison with the Dominion Command Public Relations Officer; and
- j. Coordinate through the Sports Committee Secretary the promotional plan including the use of the official logo, sponsorship promotion, etc.

SPONSORSHIP/FUNDRAISING

- 818.** Responsible for the solicitation and generation of funds at the local and provincial level required to meet the financial commitments of the LAC.

SECURITY

- 819.** Responsible to:
 - a. Control access of personnel into the competition venue;
 - b. Control access to the Legion athlete's village during the conduct of the meet;
 - c. Control access of personnel within the competition venue;
 - d. Provide direction to spectators;
 - e. Maintain communication amongst the security detail and the control centre; and
 - f. Liaison with local police to notify them of the event as well as to formulate a response to any emergency situation.

PRESENTATION OF MEDALS

- 820.** Responsible for the coordination of all aspects regarding the presentation of medals to athletes including;
 - a. Organize the presentation area including podium, flags, form-up area, presentation process;
 - b. Secure presenters in consultation with Dominion Command and organizing the presentation schedule in consultation with the Meet Director;
 - c. Security of the medals;

- d. Ensuring communication between the presentation area and the announcer; and
- e. Maintain a log of presentations and recipients.

SERGEANT-AT-ARMS

821. Responsible to:

- a. In consultation with Dominion Command, arrange the official opening ceremony parade, which normally takes place on Friday evening. Should the weather be inclement, the ceremony may be held at a suitable indoor facility. Outdoor and indoor programs should be prepared;
- b. Invite one or two bands to participate;
- c. The provincial flags and parade signs, supplied by Dominion Command, may be carried by Provincial Command representatives in attendance, athletes or cadets; and
- d. Ensure that all participants in the parade, with the exception of the team members, wear the approved Legion dress.

HOUSING

822. Responsible to:

- a. Arrange for a host hotel for Legion personnel, VIPs and out of town staff;
- b. Arrange for hotel/dorm beds for open category athletes and family, coaches, officials, etc; and
- c. Secure dorm accommodation for Legion athletes.

VOLUNTEER COORDINATOR

823. Responsible to:

- a. Provide all general volunteers;
- b. Coordinate all general volunteers;
- c. Control the distribution of the volunteer shirts; and
- d. In consultation with Dominion Command provide a bilingual Master of Ceremonies for the opening ceremony and closing banquet.

COMPETITION VENUE COORDINATOR

824. Responsible to:

- a. Coordinate all activities on the competition site outside of the actual competition to include:
 - i. Placement of signage and banners;
 - ii. Placement of a site directory(s) for visitors;
 - iii. Parking control;
 - iv. Placement of concessions; and
 - v. Allocation of space.
- b. Control facility entrance and collection of entry fees;
- c. Control parking and collection of parking fees;
- d. Acquire the required tents needed to augment the available facilities to house the Legion athletes, officials, media, first aid posts, physio therapy, concessions, registration, VIPs, medal presentations, etc.;
- e. Provide adequate watering stations for athletes and ensure water is delivered to the officials;
- f. Ensure all signage is in a bilingual format.

MEDICAL COORDINATOR

825. Responsible to:

- a. Acquire the required medical personnel for the competition venue (i.e. doctor, nurse, physio, advanced first aid, etc.);
- b. Coordinate the medical response plan including the extraction of the injured and ambulance access to the competition venue;
- c. Notify the local hospitals of the competition and acquire the necessary contact information; and
- d. Provide the medical plan for the Legion athlete residence (i.e. medical facility locations, hours of operation, contact numbers, etc.).

COST SHARING

826. Costs to stage and operate the championships are shared, based upon the following formula:

- a. Dominion Command is responsible for the payment of 70% of transportation (from departure airport to the facility and return), accommodation and meal costs for each Provincial Command team to a maximum of 44 persons;
- b. Each Provincial Command is responsible for the payment of 30% of transportation, accommodation and meal costs for its team, up to a maximum of 44 persons; and

- c. Dominion Command in partnership with the LAC is responsible for all other pre-approved costs incurred to stage the championships.
- 827.** Dominion Command will ensure all costs are paid and upon completion of the championships, will invoice Provincial Commands for their share.
- 828.** Cost sharing is based on the official record of command team attendance at the championships.

Each Provincial Command is responsible for the payment of 30% of transportation, accommodation and meal costs for its team, up to a maximum of 44 persons.

Program and Events

- 901.** The LAC, in consultation with Dominion Command, is responsible for organizing and implementing the program for the Legion National Youth Track and Field Championships.
- 902.** Guidelines to assist in scheduling events have been developed and are provided to the LAC by Dominion Command.

EVENTS

- 903.** The following is a list of the track and field competition events.

a. Female—15 years of age and under:

TRACK	FIELD
80 METRE HURDLES	LONG JUMP
200 METRE HURDLES	HIGH JUMP
1500 METRE STEEPLE CHASE	TRIPLE JUMP
1500 METRE RACE WALK	DISCUS—1 KG
100 METRES	POLE VAULT
200 METRES	SHOT PUT - 3 KG
300 METRES	JAVELIN—500 GMS
800 METRES	HAMMER THROW- 3 KG
1200 METRES	
2000 METRES	
4 X 100 METRE RELAY	
1600M MEDLEY RELAY— 400M, 200M, 200M, 800M	
PENTATHLON—80M HURDLES, HIGH JUMP, SHOT PUT, LONG JUMP, 800M	

b. Female—17 years of age and under:

TRACK	FIELD
100 METRE HURDLES	LONG JUMP
400 METRE HURDLES	HIGH JUMP
100 METRES	TRIPLE JUMP
200 METRES	SHOT PUT—3 KG
400 METRES	DISCUS—1 KG
800 METRES	JAVELIN—600 GMS
1500 METRES	HAMMER THROW—3 KG
3000 METRES	POLE VAULT
4 X 100 METRE RELAY	
4 X 400 METRE RELAY	
2000 METRE STEEPLECHASE	
3000 METRE RACE WALK	
HEPTATHLON DAY 1: 100M HURDLES (76 CM - 30"), HIGH JUMP, SHOT PUT, 200M DAY 2: LONG JUMP, JAVELIN, 800M	

c. Male—15 years of age and under:

TRACK	FIELD
100 METRE HURDLES	LONG JUMP
200 METRE HURDLES	HIGH JUMP
1500 METRE STEEPLE CHASE	TRIPLE JUMP
1500 METRE RACE WALK	DISCUS—1 KG
100 METRES	JAVELIN—600 GMS
200 METRES	SHOT PUT—4 KG
300 METRES	POLE VAULT
800 METRES	HAMMER THROW—4 KG
1200 METRES	
2000 METRES	
4 X 100 METRE RELAY	
1600M MEDLEY RELAY— 400M, 200M, 200M, 800M	
PENTATHLON—100M HURDLES, HIGH JUMP, SHOT PUT, LONG JUMP, 1000M	

d. Male—17 years of age and under:

TRACK	FIELD
110 METRE HURDLES	LONG JUMP
400 METRE HURDLES	HIGH JUMP
100 METRES	TRIPLE JUMP
200 METRES	SHOT PUT—5 KG
400 METRES	DISCUS—1.5 KG
800 METRES	JAVELIN—700 GMS
1500 METRES	HAMMER THROW—5 KG
3000 METRES	POLE VAULT
4 X 100 METRE RELAY	
4 X 400 METRE RELAY	
2000 METRE STEEPLECHASE	
3000 METRE RACE WALK	
DECATHLON DAY 1: 100M, LONG JUMP, SHOT PUT, 400M, HIGH JUMP DAY 2: 110M HURDLES (91 CM - 36"), HIGH JUMP, JAVELIN, 1500M	

EVENTS – COMPETITORS LIMIT

- 904.** A limit has been established concerning the number of competitors who may be entered in each of the age categories established for the athletes. The limit is as follows:
- a. Relay races**—one team per command; and
 - b. All other events**—two athletes per command.
- 905.** An individual athlete may enter a maximum of three individual events and the relay races.
- 906.** At the team coaches' discretion an athlete from the 15 and under age category may run in their provincial 17 and under relay team(s) without jeopardizing their status as an individual athlete in the 15 and under category, with the proviso that the athlete not participate on more than one relay team per day.
- 1007.** Athletes entering combined events are not eligible to enter or compete in any other event with the exception that they may be allowed to participate as active members of their provincial relay team(s) if so chosen by their provincial coaches.

An individual athlete may enter a maximum of three individual events and the relay races.

- 908.** Legion team athletes are prohibited from entering any event as an open athlete.

AWARDS

- 909.** A medal will be presented to each athlete finishing first, second and third in each event.
- 910.** Medals will be presented each day, at the end of the morning and afternoon sessions. Additional presentations maybe scheduled with the approval of Dominion Command.
- 911.** A Certificate of Participation will be presented to all Legion associated individuals participating in the championships.

Legion team athletes are prohibited from entering any event as an open athlete.



Dominion Command

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